

Volunteer, Inmate Leisure Time & Self-Help Program Inventory 2010

| SIERRA CONSERVATION CENTER (SCC) 5100 O'Byrnes Ferry Road Jamestown, CA 95327 | | Margo Wilkerson Community Resource Manager (209) 984-5291 Ext.5557 |
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| | Name of Program | Summary Description |
| 1 | Alternative to Violence (AVP) Facilitator Training | Trains inmates to develop positive interaction and conflict resolution skills |
| 2 | Alternatives to Violence Project (AVP) | Classes regarding changes in violent behaviors |
| 3 | Meditation | Mental clarity, focus, calmness |
| 4 | 12 Steps | Addresses substance abuse issues |
| 5 | Alcoholic Anonymous (AA) | 12-step recovery program where inmates learn to acknowledge alcohol addiction and the need to live a sober life |
| 6 | Freedom & Choice | Provide alternatives to negative behavior; build social, and leadership skills; ethical decision making |
| 7 | Narcotics Anonymous (NA) | 12-step recovery program where inmates learn to acknowledge narcotics addiction and the need to live a sober life |
| 8 | Responsible Fatherhood | Peer support; enhance fatherhood skills; exploration of own experience and resulting fathering styles |
| 9 | Veterans Incarcerated Program | Assists vets to build employment/social/relationship skills; support and info group |
| 10 | Victims Impact | Victim realization, coping with guilt, identifying feelings |
| 11 | Victims Impact-Lifers Group | Victim realization, coping with guilt, identifying feelings |

Updated annually in May